

Experiments At Work

31st October/1st November 2007

Regent's College, London

Programme Details

Experiments at Work is a 2 day learning event, led by **Fiona Coffey** and **Malcolm Parlett**. Based on contemporary Gestalt thinking and practice, it's designed to help you work creatively with change, and increase your personal impact as a change agent at work.

The programme is designed around a framework of 'creative experiments' to stimulate your thinking, and explore new ways of working in your organisation.

Day One will focus on creating fresh perspectives and a foundation set of tools and ideas including:

organisations and systems as 'fields' - and how this affects the way you might experience and work with culture change at work

contact, presence and language - transforming the quality of meetings at work

the cycle of experience - working with energy and managing the engagement of others in change

Day Two will focus on building your practice as change agent through:

dialogue - how to create conversations that support change

creative experiments - how and why they offer an exciting alternative to the top down change programme

ideas, such as the 'paradoxical theory of change' and 'creative indifference' - how these can help you work with resistance effectively

Integrating the learning - and thinking about what you can do personally to develop your practice and experiment back in the workplace.

Act now to register your place!

Time: Registration is at 9.30am on Wednesday 31st October. The programme is non residential, and runs from 10.00am - 5.30pm on Wednesday 31st October and 9.30am to 4.00pm on Thursday 1st November.

Place: Rm D03, Regent's College, Regent's Park, London.

Cost: £400 plus VAT. This includes refreshments, and materials but does not include lunch or accommodation.

To register your place, please send a cheque for the full amount (£470 including VAT) made payable to Fiona Coffey Consulting Limited, and send to Fiona Coffey, 15 Claremont Road, Teddington, Middlesex, TW11 8DH.



Fiona Coffey is a highly experienced and successful organisational consultant who has worked with Government and major blue chip companies over the past 18 years. She uses Gestalt thinking and practice to help people and organisations discover new ways of working and relating that transform their effectiveness.

Malcolm Parlett, PhD. is one of the world's leading Gestalt thinkers and practitioners. He has recently retired as Editor of the British Gestalt Journal and co-founded the Gestalt Psychotherapy and Training Institute in the UK. He is an inspirational teacher and first encouraged Fiona to explore the application of Gestalt in organisational settings some six years ago.

What other delegates said:

"engrossing, thought-provoking, thought defying!"

"energising, exciting, stimulating"

"great to spend most of the time participating rather than being lectured at"

"I love the way you model the approach; the way you work together and with us"

"increased my confidence in the work I do, and I think will improve how I do it"

"I feel refreshed and strengthened"

"I've come away with new insights and possibilities, and some deep learning"

"a hugely worthwhile investment of my time for which many thanks"